Test It Out

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Circle the number that best rates yourself on how successful of a test-taker you are, knowing the information on which you are being tested and understanding how to take the test.

**Strongly Somewhat Somewhat Disagree  
 agree agree agree**

**1 2 3 4**

1. Do you have all materials you need before   
   coming to the test, including extra pencils 1 2 3 4  
   and batteries for calculators, and etc.?
2. Do you read all the directions for the 1 2 3 4  
   beginning?
3. Do you know how to show your work? 1 2 3 4
4. Do you circle or underline key words? 1 2 3 4
5. Do you include all the necessary answers,   
   such as write complete sentences, and list 1 2 3 4  
   the correct and such?
6. When you are taking a math test, can you   
   identify what type of problem the question 1 2 3 4  
   is asking?
7. Do you make sure you show all your work? 1 2 3 4
8. Do you put a mark on your math problems that   
   you have already checked your work? 1 2 3 4
9. If your test is multiple-choice, do you answer all   
   the questions you know first and then go back   
   to the questions you are less sure of? 1 2 3 4
10. On a multiple –choice test, do you rule out all the   
    possibilities that you know are wrong, then decide   
    between those answers that seems probable? 1 2 3 4
11. Do you relax and take your time? 1 2 3 4
12. Do you focus on your work and not the work of  
    those around you? 1 2 3 4
13. Do you make sure your answers are written nearly  
    and legible? 1 2 3 4
14. When taking a true/false test, do you watch carefully   
    for words like never, always, all, and only?   
    (Often these words make a statement false) 1 2 3 4
15. When taking an essay test, do you organize   
    the information you write so that you can show   
    you have a good understanding of the material? 1 2 3 4
16. Do you eliminate answer you know are incorrect? 1 2 3 4
17. Do you usually remember the notes you have studied  
    that are being asked on a test? 1 2 3 4
18. Are you distracted by other when taking a test? 1 2 3 4
19. Are you distracted by other things when taking  
    a test? 1 2 3 4

20. Do you usually have a comfortable and positive  
 mood before you take a test? 1 2 3 4